

Clinical and Preventive Practice Guidelines

Clinical Practice Guidelines

Windsor Health Plan, Inc. supports the utilization of ‘best practice’ guidelines currently in place from nationally recognized organizations. The clinical practice guidelines are adopted or developed in collaboration with contracted practitioners based on the identified needs of the health plan population or variations in practice patterns within the health plan. These guidelines support the current Care Management Programs. The following are direct links to the current clinical practice guidelines adopted by Windsor Medicare Extra.

Asthma – “*Expert Panel Report III: Guidelines for the Diagnosis and Management of Asthma – Full Report 2007*” from the National Heart, Lung, Blood Institute (NHLBI) (www.nhlbi.nih.gov).

Diabetes Mellitus – “*Standards of Medical Care in Diabetes - 2010*” from the American Diabetes Association (www.diabetes.org).

Essential Hypertension – “*The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC VII)*” from the National Heart, Lung, Blood Institute (NHLBI) (www.nhlbi.nih.gov).

Chronic Heart Failure – “*ACC/AHA 2009 Focused Update Incorporated Into the ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Heart Failure in Adults: A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines: Developed in Collaboration With the International Society for Heart and Lung Transplantation*” from the American Heart Association. (www.onlinejacc.org).

Chronic Obstructive Lung Disease – “*Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Diseases – Updated 2010*” from the Global Initiative for Chronic Obstructive Lung Disease (GOLD) (<http://www.goldcopd.com>).

American Psychiatric Association Practice Guidelines – American Psychiatric Association Practice Guidelines (www.psych.org). The website listed links to the complete text of all APA practice guidelines published on “PsychiatryOnline”. Utilizing the web-link allows for access to the most current practice guidelines for this population.

Cardiovascular Disease Management Program – In support of WHP’s Cardiovascular Disease Management Program, the *2006 National Kidney Foundation KDOQI (Kidney Disease Outcome Quality Initiative) Guidelines* (www.kidney.org) are the basis for the program assessments and interventions related to chronic kidney failure. These guidelines were added to WHP’s current list of adopted Clinical Practice Guidelines 3rd Quarter, 2011.

Preventive Practice Guidelines:

Evidence-based preventive guidelines are adopted or developed by Windsor Health Plan, Inc. based on population needs, CMS benefits and current recommendations of the U.S. Preventive Task Force and the American Board of Family Practice. Guidelines are reviewed and updated periodically, at least every two years. The following is a direct link to the current preventive guidelines adopted by Windsor Health Plan, Inc. (www.ahrq.gov/clinic/uspstfix.htm)